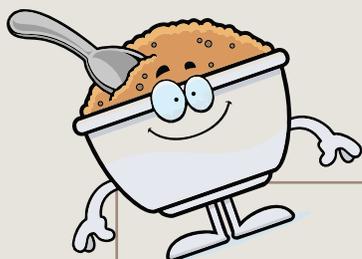




SUMMER CROW ACADEMY
PLAY GROW LEARN



SAMPLE WEEKLY MENU 2025

SUMMER CROW ACADEMY WEEKLY MENU		
DAY	MORNING SNACK	AFTERNOON SNACK
MONDAY	Milk, Vegan Pancakes with Strawberries	Crackers, Cheese, Carrots, Strawberries
TUESDAY	Milk, Oatmeal with Berries	Pretzels, Apples, Nut butter
WEDNESDAY	Milk, Cold Cereal, Sausage, Bananas	Sunflower or Almond Butter Sandwich, Cucumber, Bell Pepper,
THURSDAY	Milk, Regular/Vegan Yogurt, Choice of Fruit, Nut Free Granola	Goldfish, Salami, Tomatoes, Carrots, Hummas

LUNCH & MEALS

Children should bring a packed lunch from home each day. Lunchboxes will be stored in our refrigerator until mealtime.

We are currently a **peanut-free facility**, so please avoid sending peanut butter or any peanut products.

Drop-in Fridays: We'll serve any leftovers from the week.

Allergies & Intolerances: Menus can be easily adapted to accommodate individual needs.

Milk options: We're happy to supplement with the type of milk your family prefers. If an alternative milk is needed, families may be asked to provide it.



We're excited to welcome your family to Summer Crow Academy!

If you have any questions or need assistance, please reach out to

Meghan @ 406-274-0347